

# **Information Sheet for School Vacation Camps**

## **GENERAL**

Dare Adventures School Vacation Camp is run over 3 to 5 days and is held at Dwellingup Bunkhouses Lot 1379 Vandals Road Dwellingup. Campers are supervised and instructed by qualified and experienced staff in the area of adventure learning.

## **ACTIVITIES**

The Campers may be involved in the following activities: canoeing, rafting, water activities, confidence course, flying fox, abseiling, climbing wall, archery, mountain biking, BMX riding and team games.

## **COMMUNICATIONS**

A phone is available for emergency use only at the owner's house. Campers will not be allowed to use this phone. Messages will only be passed on to campers in an emergency situation.

## **MONEY**

Experience has shown that campers don't require money. There are no shops or arranged shopping visits.

## **MEDICATION**

Only medication listed on camper's information sheet, will be allowed on camp grounds. When you register your child at the pick up point you will need to hand medication to the Senior Instructor in a clearly labelled bag (including dosage/administration instructions).

## **WHAT TO BRING?**

Campers will need to bring along the following items.

Hat - warm or with brim

Pyjamas

4-6 changes of clothing (old clothes are suggested)

Bathers

**2 pairs Boots or Joggers (One pair will get wet!)**

Personal items i.e. soap

2 Towels

Raincoat

Sleeping Bag

Pillowslip

Sun Screen;

Wetsuit if available (winter canoeing / rafting)

Drink bottle

Plastic bag for laundry

**Tea Towel**

Bike Helmet (we have a limited number)

They may bring at their own risk- Cameras - disposable are ideal

**Dwellingup is cold April - October**

## **CAMP DUTIES**

A cook comes in for all meals. Campers will be expected to help with some basic cleaning duties.

## VISITORS

To ensure the safety and privacy of all campers' parents and other visitors may only come by prior arrangement with camp management.

# **PROGRAMME OUTLINE**

<b>DAY</b>	<b>TIMINGS</b>	<b>ACTIVITY</b>	
<b>DAY ONE</b>	0900	Arrival at camp	
		Welcome note / briefing and settle into Bunkhouses	
	09 45	Split into groups	
		Rotate through activities.	
	1200- 1300	Lunch	
	13.00-16.00	Rotate through activities	
	16.00-1730	Supervised free time	
	1730-1930	Dinner (Dining setup, Dining clean up)	
19.30	Fun night activities		
<b>DAY TWO</b>	0700	Wake up	
	<b>THREE</b>	0730-0800	Morning EMA (Early Morning Activities)
	<b>FOUR</b>	0800-0900	Breakfast (Dining Setup, Dining clean up)
		0900	Rotate through activities.
		1200- 1300	Lunch
		13.00-1600	Rotate through activities
		16.00-1730	Supervised free time
		1730-1930	Dinner (Dining setup, dining clean up)
		19.30	Fun night activities
	<b>DAY FIVE</b>	0700	Wake up
0730-0800		Morning EMA (Early Morning Activities)	
0800-0900		Breakfast (Dining Setup, Dining clean up)	
0900-1200		Rotate through Activities	
1200- 1300		Lunch	
13.00-15.00		Rotate through activities	
1500-1600		Pack up and departure	

Dare Adventures reserves the right to alter the programme if required.

# TRANSPORT ARRANGEMENTS

## BUS TRAVEL

To ensure an early arrival at the Camp and therefore a full day of activities, and to assist working parents, the **FIRST** Bus departure will be from the Rockingham Train Station car park at 7.15am and the **SECOND** will be from Mandurah Train Station car park at 8.15am.

All campers must be at their chosen pick up point 30 minutes prior to bus departure for registration and loading of baggage.

Drop-Off will be approximately 5.00pm at Mandurah Train Station car park and 6.00pm at Rockingham Train Station car park.

It is parents / guardians responsibility to advise DARE management of any changes to transport arrangements via 9538 1314.

## OWN TRANSPORT

Campers may be dropped off at the campsite between 9.00am and 9.30am of Day One, and picked up at approximately 4.00pm of Final Day.  
See map below for directions.

